

BPT STUDENTS PROVIDED ON-FIELD PHYSIOTHERAPY SERVICE IN SURAT RURAL-RISE AND RUN MARATHON, BARDOLI

SURAT RURAL-RISE AND RUN MARATON was held at Bardoli, Surat, Gujarat on 08th December, 2024. Dr.Snehal Patel (P.T) accompanied the students of Shrimad Rajchandra College of physiotherapy had volunteered as physiotherapists. The trail race consists of 3km, 5km and 10km. Students had a great learning experience to work at challenging situation. Our student volunteers provided physiotherapy for injuries such as muscle cramp, shin pain, knee pain and generalized stretching of major group of muscles to prevent post running muscle soreness. It was tremendously stimulating as well as entirely a different experience for the students. Athletes from all around bardoli participated in the race. Dr.Falak Kanabar(P.T) co-ordinated the event for the students with the sponsors. Students hard work was appreciated by the organizers, sponsors and the athletes.